

4 Oar Rule

All rowers, coxswains, coaches and launch passengers **MUST** wear a PFD.

Two club singles may row together or with a larger boat. Boats must stay within 100 meters of each other (essentially 10 boat lengths, based on a single shell).

Privately owned singles may row alone.

Doubles and larger boats may row alone, but are strongly encouraged to row with other boats.

At least two individuals on each boat (or both rowers if two singles) **MUST** carry a cell phone in a waterproof case and a sound producing device such as a whistle.