






Lake Quinsigamond Worcester, Ma.

North Lake Normal Traffic Rules

Normal Traffic Rules

- Stay as far to the right as practical at all times.
- Traveling North - Stay to the Shrewsbury shore.
- Traveling South - Stay to the Worcester shore.
- Do not turn or stop in areas marked "No Turn/ No Stop Zone".
- Do not "sit" in areas marked "No Sitting", turn and move to the sides of the lake immediately.
- The areas marked shallow are extremely shallow, stay clear of them.
- Use the arches closest to shore on the Route 9 bridge at your own risk. Shopping carts often lurk in the shallows.
- Do not use the center arch of the Route 9 bridge.
- To reverse direction, turn 90°, row directly across the lake and complete your turn on the other side.
- Scullers and Crews must pass single file through the narrows.
- Scullers and Crews may turn around an island but must do so counterclockwise. Turning scullers and crews must give way to traffic in the main traffic lanes.
- No more than three crews may travel abreast in the same direction.
- Coaches must slow launches to minimum wake speed when passing other crews or scullers.
- All crews must be accompanied by a coach in a coaching launch while on the lake. Coaches must stay within hailing distance of all crews under their supervision.
- Appropriate lighting must be used when rowing from one half hour before dusk to one half hour after dawn.
- No crews shall row on the lake during foggy conditions. Clear visibility of 200 meters (the far side of the lake) is required before launching.
- Overtaking boats shall stay to the left of those being passed. The overtaking boat shall give way to the boat being passed.
- See The QRA Member's Handbook for additional rules and guidelines.

	Traffic Route		Shallow Area
	No Sitting		No Man's Land
	No Stopping or Turning		

