



The Quinsigamond Rowing Club seeks several experienced and highly motivated coaches for our masters sweep and sculling programs. Rowing programs range from competitive to novice level. Coaches are expected to communicate with program participants, to plan and execute practice workouts, to provide on-water individual and team technique guidance, and to track attendance.

Practices are one to three times per week, depending on the program, on weekdays from 5:15 am to 6:45 am, or 5:30 am to 7:00 am. Coaching on weekends can be for 90 or 120 minutes between 5:30 am and 9:00 am. Coach positions are part-time and pay \$60 per 90-minute practice, \$75 per 120 minute practice.

**Required experience and skills:**

- Must be at least an intermediate level rower or coxswain, with experience rowing competitively as a student or at the Masters level, with a solid understanding of and interest in both recreational and competitive rowing.
- Level 2 or greater USRowing Coaching Certification (or in process of obtaining this).
- Ability to drive launches safely and follow boating safety protocol.
- Strong administrative skills and successful class/workout planning.
- Demonstrated coordination with a variety of stakeholders.
- Timely reporting of hours worked for payroll processing.
- Ability to relate to and communicate with a diverse group of people.

To apply, please send a cover letter and resume to Heri Sontgerath at [Board@QRCrowing.org](mailto:Board@QRCrowing.org).